

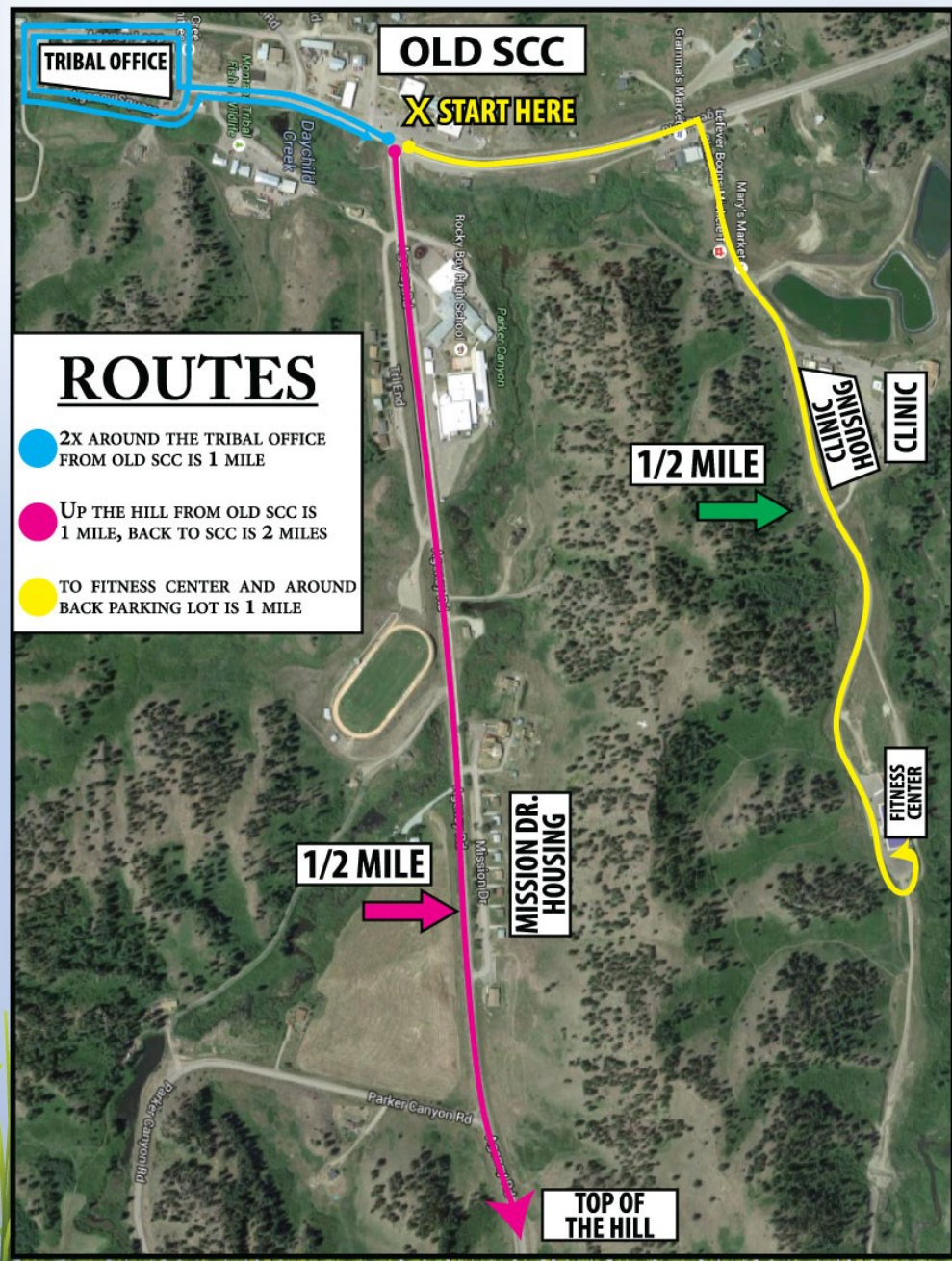
COMMUNITY WALKING CLUB

May 15 **June 5**
May 22 **June 12**
May 29 **June 19**
June 26

Sponsored by: RB Diabetes Program



INVITE FRIENDS/COWORKERS TO WALK WITH YOU!



ROUTES

- 2X AROUND THE TRIBAL OFFICE FROM OLD SCC IS 1 MILE
- UP THE HILL FROM OLD SCC IS 1 MILE, BACK TO SCC IS 2 MILES
- TO FITNESS CENTER AND AROUND BACK PARKING LOT IS 1 MILE

11:30-12:30

3 ROUTES TO CHOOSE FROM

Clinic Route Available too!

FOR MORE INFORMATION OR QUESTIONS, CONTACT

Diabetes Office
395-1749